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## From the Pastor

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### *Series on the Mass, Part 80*

*Communion of the Faithful.* In the catechism of St. Pius X we read the following answer concerning how often we should go to communion: "It is an excellent thing to go to Communion often, and even daily in accordance with the desire of the Church, provided we do so with the requisite dispositions." The Catechism of the Catholic Church (CCC) continues to encourage frequent Communion (c.f. #1389). The requisite dispositions are, of course, being in the state of grace, fasting at least one hour, and preparing ourselves to receive our Lord with devotion. The CCC addresses this preparation for Communion also: "To prepare for worthy reception of this sacrament, the faithful should observe the fast required in their Church (1 hr.). Bodily demeanor (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest." (#1387)

Pope Pius IX recommended that we pray the beautiful prayer of the *Anima Christi* to help us receive our Lord with devotion:

Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, inebriate me; Water from Christ's side, wash me; Passion of Christ, strengthen me; O good Jesus, hear me; Within Thy wounds hide me; Suffer me not to be separated from Thee; From the malicious enemy defend me; In the hour of my death call me; And bid me come unto Thee; That I may praise Thee with Thy saints and with Thy angels; Forever and ever. Amen

St. Pius X said, "Each day we ask God for bread to sustain the life of our bodies and so we should also ask for the Bread that gives life to the soul," and therefore he recommended that "you approach the Eucharistic table for communion frequently, even daily if you are able." Along with this recommendation, he also insisted on regular confession. The reception of Holy Communion was very infrequent when St. Pius X was elevated to the papacy (1903-1914), but the general practice was that the faithful would go to confession before every Communion and ask permission of the pastor to approach the communion rail. Now the practice has gone to the other extreme of the faithful going to receive communion frequently, but confession being very infrequent. The branch needs to be bent back in the other direction, meaning that confession should be more frequent in general, though not to the extreme of one confession for each communion.

Sincerely in Christ,



Rev. Charles Van Vliet, FSSP

*Please stay current on your pledge commitment.  
May God reward you!*

There will be Vespers after the 5:30 p.m. Mass.

**2017 DSF Campaign, 74% pledged/funded!** Parish goal \$10,000; raised/pledged to date \$7,375. Please consider a gift to the DSF. If the goal is not met, the shortage will be financed out of parish operating funds. DSF envelopes are available in the pews and on the hall table, or make a donation online at [archgh.org/dsf](http://archgh.org/dsf). If Regina Caeli is not your home parish, you may still donate on our behalf by adding our name to the pledge card and listing the amount you want allocated to the parish. Thank you for supporting the parish and DSF. More on DSF can be found at [archgh.org/dsf](http://archgh.org/dsf).

**Weekend church hours.** The church is open for private prayer on Fridays-Sundays as noted below. Please consider committing to one hour of prayer at least one day a month.

Fridays & Saturdays, 4-7 p.m.      Sundays, Noon-5:30 p.m.

**Saturday work days,** 10-4 p.m. If you can spare time on Saturday to assist on parish projects and grounds maintenance, please come.

**Our Lady of Perpetual Help Novena,** 6:40 p.m. every Wednesday

**Legion of Mary meeting,** 7 p.m. every Thursday unless noted differently below

**July 11, no 6:30 a.m. Mass.** Mass times will be **noon** and 7:00 p.m.

TODAY:

~ At the hall table: Please sign up for a Holy Hour before the Blessed Sacrament on July 10-11.

~ Second collection: St. Vincent de Paul

Mon.-Tues., July 10 & 11, Centennial Image of Our Lady of Fatima arrives at 6:30 p.m. Monday and departs after the noon Mass on Tuesday. Plenary indulgence may be gained. See website or hall table to learn more. Sponsored by Alliance of the Holy Family International (AHFI). There will be [no 6:30 a.m. Mass](#) on Tuesday. Mass times are as follows:

Monday, 6:30 a.m. and 7 p.m.      Tuesday, Noon and 7 p.m.

Fri., July 21, Men's Recollection, 7-9 p.m., open to all men. Includes Holy Hour before the Blessed Sacrament, confession and spiritual conference.

### **Visit of the Centennial Image of Our Lady of Fatima**

*One of the Six Statues Blessed by Pope Francis*

Arriving July 10, 6:30 p.m.      Departing July 11, after the noon Mass

Processions, Consecrations to the Two Hearts of Jesus and Mary,  
Recollection, Overnight Adoration of the Blessed Sacrament

7 p.m. Mass on July 10

Noon Mass on July 11

Check the website for information on upcoming FSSP and other events!

## July 9, 2017 - Fifth Sunday after Pentecost

### Liturgical Calendar & Mass Intentions

*July 9-July 15, 2017*

#### Sun., 7/9, Fifth Sunday after Pentecost

7:30 a.m., Maria Truong; requested by Nhan Truong

10:00 a.m., Pro Populo

5:30 p.m., RIP Katie Garcia; by Jack & Lucy Hoffart

#### Mon., 7/10

6:30 a.m., Seven Holy Brothers and Ss. Rufina & Secunda; RIP Tony Boss; by the Boss Family

7:00 p.m., Votive Mass of the Sacred Heart; private intentions

#### Tues., 7/11

Noon, Votive Mass of the Immaculate Heart of Mary; private intentions

7:00 p.m., St. Pius I; RIP Loretta Boss; requested by Christine & Steve Boss

#### Wed., 7/12, St. John Gualbert

6:30 a.m., Camilla Salvaggio; by the Boss Family

#### Thurs., 7/13, Votive Mass of Jesus Christ Our High Priest

7:00 p.m., RIP Victor Francis Pacheco; requested by Victor Pacheco

#### Fri., 7/14, St. Bonaventure

6:30 a.m., RIP Sr. Joan Michelle Rake, CDP; requested by Victor Pacheco

#### Sat., 7/15, St. Henry the Emperor

7:30 a.m., Rev. Charles Van Vliet; by the Grants



First Friday of each month, there is an additional public Mass at 7:00 p.m., followed by First Friday devotions, which includes exposition and benediction of the Blessed Sacrament.

First Saturday of each month, First Saturday devotions follow the 7:30 a.m. Mass.

July 11, there will be no 6:30 a.m. Mass.

### Directory

Parish Office office@reginacaeliparish.org  
Open: Mon. & Fri., 8:30-4 p.m.  
Telephone: 832-328-0876  
To confirm Mass requests or dates:  
registrar@reginacaeliparish.org

Pastor Rev. Charles Van Vliet, FSSP  
pastor@reginacaeliparish.org

Parochial Vicar Rev. Joshua Houck, FSSP  
frjhouck@reginacaeliparish.org

Website reginacaeliparish.org

### Parish Organizations

#### Men's Schola

Practice Wednesday nights, 7 p.m.  
Contact: Mark Holt or Kyle Lartigue  
schola@reginacaeliparish.org

#### Young Adult Group

Contact: Stephen Gann  
youngadults@reginacaeliparish.org

#### Youth Group

Contact: Rev. Joshua Houck

#### Contacts for Altar Society and other groups

Please check the bulletin boards or go to the parish website and click on Groups/Ministries

### Sacraments

Please check the parish website for more information.

Infant baptism—contact parish at least one month before due date.

Marriage—contact parish eight months before proposed date.

#### Private Mass Schedule

Mon., Wed. 7:00 p.m.  
Tues., Thurs., Sat. 6:30 a.m.

You are welcome to attend private Masses, but they are subject to cancellation if a priest is not available. Advance notice of cancellations will be posted in the bulletin whenever possible.

## *Regina Caeli Parish*

The Priestly Fraternity of St Peter  
Archdiocese of Galveston-Houston



Pastor: Rev. Charles Van Vliet, FSSP  
Parochial Vicar: Rev. Joshua Houck, FSSP

Address: 8121 Breen Rd., Houston, Texas 77064  
Telephone: 832-328-0876  
Website: reginacaeliparish.org  
Email: office@reginacaeliparish.org

#### Mass and Confession Schedule

Sundays	7:30 a.m., 10:00 a.m. (High), 5:30 p.m.
Mon., Wed., Fri.	6:30 a.m.
Tues., Thurs.	7:00 p.m.
Saturdays	7:30 a.m.
Confession	30 minutes before each Mass; ends 5 minutes before Mass starts